



**CAFÉ
SOL**

Menu
[English]

Coffee and Tea

	Single	Double
Espresso	90	140
Decaf Espresso	110	160
Café au Lait	160	200
Decaf Café au Lait	180	215
Cappuccino	160	200
Irish Coffee Coffee, cream, and Irish whiskey.	375	
Latte	160	200
Decaf Latte	180	215
Macchiato	100	150
Café Americano	100	150
Decaf Café Americano Espresso with hot water pulled through.	120	170
Café Mocha Espresso, cocoa powder and steamed milk topped with foam.	180	250
Decaf Café Mocha	200	265
Filter (Brewed) Coffee	105	
Black Tea	100	
Herbal Tea Please ask which flavors we have.	125	
Hot Chocolate	215	
Hot Milk	170	
Iced Coffee	150	
Café Sol Iced Tea (Our specialty!) A bright blend of tea and fruit juice.	180	



All-day Breakfast

Slice of Cake Carrot, banana, pumpkin or cashew.	160
Whole Cake Carrot, banana, pumpkin or cashew.	1280
Chocolate Brownie (slice)	210
Chocolate Brownie (whole)	1680
Portuguese Custard Pastry (pastel de nata)	140
Chocolate Chip Cookie	215
Muffin Double Fudge Chocolate Chip, Banana or Lemon.	185
Turbo Omelet With cheese, ham and veggies. *Add 60MT extra for chicken ham	525
Veggie Omelet With a mix of fresh veggies and cheese.	515
Chouriço Omelet With chouriço and veggies.	570
Chicken Omelet With chicken and cheese.	560
Tuna Omelet	570
Café Sol Breakfast Chouriço, eggs and fries.	620
Breakfast Burrito Tortilla stuffed with egg, vegetables, cheese and Café Sol salsa.	570

Café Sol Breakfast



Slice of Carrot Cake

Portuguese Custard Pastry (Pastel de Nata)

Chocolate Muffin



Slice of Chocolate Brownie

Turbo Omelet



Breakfast Burrito



Starters

Small Portuguese Salad

Mix of fresh greens and other veggies.

Chouriço with Fries

Portuguese-style sausage served with fries.

Olive and Cheese Plate

Tomato and Basil Bruschetta

Wings

Barbeque or piri-iri sauce.

Quesadilla

Mexican-style wheat tortilla with layers of cheese, pepper and tomato.

*With chicken add 80MT.

Prawn Cakes (Rissois)

Beef Samosas

Lumpia

Filipino-style spring rolls.

Home-made Tortilla Chips and Salsa

250

550

295

295

405

350

350

260

285

250

Salads

Tuna Salad

Lettuce, tuna, tomato, onion, pepper, cucumber and olives.

Chicken Salad

Lettuce, chicken, tomato, onion, peppers, cucumber and olives.

Greek Salad

Lettuce, tomato, onion, pepper, cucumber, olives, feta cheese and oregano.

Club Salad

Lettuce, tomato, onion, pepper, cucumber, olives, cheese and ham.

Vegetarian Salad

Lettuce, tomato, onion, pepper, cucumber, olives and cheese.

Chouriço Salad

Lettuce, chouriço, onion, olives, pepper and cucumber.

Large Portuguese Salad

Mix of greens and other veggies.

Turbo Salad

Lettuce, chouriço, chicken, ham, tomato, onion, pepper, cucumber, olives and cheese.

Mexican Tostada Salad

A Mexican favorite! A super crunchy tortilla, covered with a bed of chopped lettuce, tomatoes, green pepper, cucumber, topped with ground beef, sweet corn and cheddar cheese served with a lime-based dressing.

Cesar Salad

A classic - Bed of lettuce with parmesan cheese and Cesar dressing.

* With chicken breast

650

650

630

660

580

700

450

730

650

550



Hot and Crusty

Choose the combination of bread (sandwich bread, bagel or croissant) and ingredients you prefer:

BREADS:

Sandwich Bread White or Brown	100
Bagel	150
Croissant	195

INGREDIENTS:

+ Butter	30
+ Cream Cheese	165
+ Egg	85
+ Ham	105
+ Cheese	105
+ Chouriço	220
+ Tuna	195
+ Chicken	180
+ Vegetables	90
+ Smoked Trout	300

SPECIALTY SANDWICHES

Turbo Bagel Ham, cheese, egg and vegetables.	410
Turbo Chouriço Bagel Chouriço, cheese, egg and vegetables.	470
Prego Small steak sandwich.	450
Panini Italian-style sandwich with veggies, cheese and ham with green pesto.	460
Vegetarian Panini Italian-style sandwich with veggies and cheese with green pesto.	450
Bagel with Smoked Trout and Cream Cheese	750

Pizza

Chouriço Pizza	790
Pizza Margarita Classic mozzarella and tomato.	600
Pizza Regina Mozzarella, mushrooms and ham. *With chicken ham add 60MT	700
Mexican Pizza Mexican-style ground beef, mozzarella, cheddar cheese, green pepper, fresh tomato, onion and corn.	850
Vegetarian Pizza Mozzarella, black olives, onion and green pepper.	690
Hawaiian Pizza Mozzarella, ham and pineapple. *With chicken ham add 60MT	715
Chicken Pizza	690
Tuna Pizza	700



A World of Mains

Ratatouille

Southern French-style vegetable stew served with rice.

700

Lentils with Smoked Pork

Served with rice.

750

Boeuf Bourguignon

Famous French beef in burgundy wine sauce served with rice.

780

Adobo

Traditional Filipino-style chicken stew served with rice and salad.

775

Moussaka

A Greek favorite made with eggplant, meat and cheese.

700

Quiche

Ask your waiter for details, we often have several types.

750

Quiche of the Day



Ratatouille



Lentils with Smoked Pork



Adobo



A World of Mains

Matapa with Crab

Traditional Mozambican cassava leaf stew with crab served with rice.

710

Koup Anfiam Wondo

Cameroonian-style chicken in peanut stew served with rice.

750

Café Sol Chilli

A full-flavored vegetarian chili served with rice and grated cheese.

715

Beef Lasagna

775

Vegetarian Lasagna

750



Hamburgers

Hamburger	550
Cheeseburger	580
Veggie Burger	500
Burger with egg and cheese	600
Bacon Cheeseburger	620
Chicken Burger	550
Chicken Cheeseburger	580
Chicken Bacon Cheeseburger	635

** With an extra egg add 50 MTn

The Grill

Whole Grilled Chicken	1000
Half Grilled Chicken	550
Prego Steak	510
Sirlon Steak (300g)	1400
2 Pork Chops	1100
Café Sol Barbequed Pork Ribs With our special sweet and tangy sauce.	1500
T-bone Steak (500g)	1500

**All come with a small salad or fries



Viva Mexico!

Breakfast Burrito

Made with eggs, cheese and veggies wrapped in a tortilla, served with Café Sol salsa.

575

Chicken Burrito

Made with chicken, beans, rice and cheese wrapped in a tortilla, served with Café Sol salsa.

680

Beef Burrito

Made with ground beef in mild chili spices, rice, beans and cheese wrapped in a tortilla and served with Café Sol salsa.

680

Veggie Burrito

Made with beans, rice, cheese & veggies wrapped in a tortilla and served with Café Sol salsa.

630

Chicken Enchiladas

Baked tortillas stuffed with chicken, topped with cheese and a tomato sauce.

715

Vegetarian Black Bean Enchiladas

Baked tortillas stuffed with baked black beans topped with cheese and a tomato sauce.

700

Quesadilla

Mexican-style wheat tortilla with layers of cheese, pepper and tomato.

* With chicken add 80 MT

350

Mexican Tostada Salad

Super crispy corn tortilla topped with lettuce, tomato, green pepper and cucumber topped with ground beef and cheddar cheese served with a lime sauce.

650



At the End (or anytime!)

Chocolate Mousse With a touch of orange.	400
Fruit Salad	350
Fried Banana with Ice Cream	320
Ball of Ice Cream	320
Cheesecake	450
Waffle with Whipped Cream	360
Mud Slide Warm brownie with a scoop of ice cream and chocolate sauce.	450

Chocolate Mousse



Cheesecake



Waffle with
Whipped Cream



Mud Slide



Cold and Wet!

Sparkling Water (Água das Pedras)	170
Water (500ml)	90
Water (1,5L)	175
Milkshake Chocolate, Strawberry, Vanilla and our most famous, Coffee.	400
Natural Fruit Juice (medium)	300
Natural Fruit Juice (large)	350
Appetizer/Grappetizer	180
Ceres Juice Box 200ml	120
Soft Drink 330ml Coke, Fanta, Sprite, Tonic, Soda, Cappy	120
Red bull	250



Bottoms Up!

2M Draft Glass	110
2M Normal bottle	140
2M Txoti	100
Laurentina preta	150
Stella Artois	200
Heineken	200
Castle Light	200
Corona Normal bottle	200
Coronita	160
Savanna	200
Wine by the Glass (white)	320
Wine by the Glass (red)	350
Margarita Pitcher	1600
Classic mexican cocktail made from lime juice and tequila.	
Margarita Glass	500
Caipirinha	500
Caipirosca	500
Mojito	500
Piña Colada	550
Café Sol Spiced Gin and Tonic	530
Gin and Tonic (Tanqueray or Bombay Sapphire) with orange and spices.	

** Please ask your server about other wines, licors and cocktails we offer.





CAFÉ SOL

Our restaurant serves an eclectic variety of cakes, snacks, breakfast items, deserts and main dishes inspired from recipes from around the world, including Mexico, the United States, Mozambique, France, Italy, the Philippines, and many others!

Open from **7:30** to **22:00** every day.
At Café Sol, you can eat **breakfast, lunch, or dinner** at
any time of the day.
Also be sure to check out our **cocktails,**
our **Frozen Margarita** is **the best in town!**

Come Back Often!