



CAFÉ SOL

Menu
[English]

Coffee and Tea

	Single	Double
Espresso	70	120
Decaf Espresso	90	140
Café au Lait	140	180
Decaf Café au Lait	160	200
Cappuccino	140	180
Irish Coffee Coffee, cream, and Irish whiskey.	290	
Latte	140	180
Decaf Latte	160	200
Macchiato	80	130
Café Americano	80	130
Decaf Café Americano Espresso with hot water pulled through.	100	150
Café Mocha Espresso, cocoa powder and steamed milk topped with foam.	160	220
Decaf Café Mocha	180	240
Filter (Brewed) Coffee	85	
Black Tea	80	
Herbal Tea Please ask which flavors we have.	80	
Hot Chocolate	175	
Hot Milk	160	
Iced Coffee	120	
Café Sol Iced Tea (Our specialty!) A bright blend of tea and fruit juice.	140	



All-day Breakfast

Slice of Cake Carrot, banana, pumpkin or cashew.	135
Whole Cake Carrot, banana, pumpkin or cashew.	1080
Chocolate Brownie (slice)	180
Chocolate Brownie (whole)	1440
Portuguese Custard Pastry (pastel de nata)	110
Chocolate Chip Cookie	165
Muffin Double Fudge Chocolate Chip, Banana or Lemon.	180
Turbo Omelet With cheese, ham and veggies. *Add 60MT extra for chicken ham	480
Veggie Omelet With a mix of fresh veggies and cheese.	450
Chouriço Omelet With chouriço and veggies.	520
Chicken Omelet With chicken and cheese.	485
Tuna Omelet	510
Café Sol Breakfast Chouriço, eggs and fries.	520
Breakfast Burrito Tortilla stuffed with egg, vegetables, cheese and Café Sol salsa.	490

Café Sol Breakfast



Slice of Carrot Cake



Portuguese Custard Pastry (Pastel de Nata)

Chocolate Muffin

Slice of Chocolate Brownie

Turbo Omelet



Breakfast Burrito



Starters

- Small Portuguese Salad** 220
Mix of fresh greens and other veggies.
- Chouriço with Fries** 475
Portuguese-style sausage served with fries.
- Olive and Cheese Plate** 200
- Tomato and Basil Bruschetta** 195
- Wings** 375
Barbeque or piri-piri sauce.
- Quesadilla** 290
Mexican-style wheat tortilla with layers of cheese, pepper and tomato.
*With chicken add 80MT.
- Prawn Cakes (Rissoles)** 290
- Beef Samosas** 240
- Lumpia** 250
Filipino-style spring rolls.
- Home-made Tortilla Chips and Salsa** 200

Salads

- Tuna Salad** 520
Lettuce, tuna, tomato, onion, pepper, cucumber and olives.
- Chicken Salad** 490
Lettuce, chicken, tomato, onion, peppers, cucumber and olives.
- Greek Salad** 480
Lettuce, tomato, onion, pepper, cucumber, olives, feta cheese and oregano.
- Club Salad** 550
Lettuce, tomato, onion, pepper, cucumber, olives, cheese and ham.
- Vegetarian Salad** 440
Lettuce, tomato, onion, pepper, cucumber, olives and cheese.
- Chouriço Salad** 580
Lettuce, chouriço, onion, olives, pepper and cucumber.
- Large Portuguese Salad** 350
Mix of greens and other veggies.
- Turbo Salad** 615
Lettuce, chouriço, chicken, ham, tomato, onion, pepper, cucumber, olives and cheese.
- Mexican Tostada Salad** 560
A Mexican favorite! A super crunchy tortilla, covered with a bed of chopped lettuce, tomatoes, green pepper, cucumber, topped with ground beef, sweet corn and cheddar cheese served with a lime-based dressing.
- Cesar Salad** 460
A classic - Bed of lettuce with parmesan cheese and Cesar dressing. *With chicken breast 530
- Lively Quinoa and Black Bean Salad** 460
Super healthy! Quinoa, Black Beans, and Tomatoes with tangy lemon sauce.



Quesadilla

Tomato and Basil Bruschetta

Wings with barbeque sauce

Turbo Salad

Cesar Salad with Chicken Breast

Mexican Tostada Salad

Hot and Crusty

Choose the combination of bread (sandwich bread, bagel or croissant) and ingredients you prefer:

BREADS:

Sandwich Bread White or Brown	90
Bagel	130
Croissant	170

INGREDIENTS:

+ Butter	20
+ Cream Cheese	120
+ Egg	60
+ Ham	80
+ Cheese	80
+ Chouriço	170
+ Tuna	150
+ Chicken	150
+ Vegetables	60
+ Smoked Trout	200

SPECIALTY SANDWICHES

Turbo Bagel 340
Ham, cheese, egg and vegetables.

Turbo Chouriço Bagel 420
Chouriço, cheese, egg and vegetables.

Prego 350
Small steak sandwich.

Panini 390
Italian-style sandwich with veggies, cheese and ham with green pesto.

Vegetarian Panini 390
Italian-style sandwich with veggies and cheese with green pesto.

Bagel with Smoked Trout and Cream Cheese 475

Pizza

Chouriço Pizza 650

Pizza Margarita 480
Classic mozzarella and tomato.

Pizza Regina 610
Mozzarella, mushrooms and ham.
*With chicken ham add 60MT

Mexican Pizza 680
Mexican-style ground beef, mozzarella, cheddar cheese, greenpepper, fresh tomato, onion and corn.

Vegetarian Pizza 580
Mozzarella, black olives, onion and green pepper.

Hawaiian Pizza 630
Mozzarella, ham and pineapple.
*With chicken ham add 60MT

Chicken Pizza 600

Tuna Pizza 620



Vegetarian Pizza

Turbo Bagel

Mexican Pizza

Vegetarian Panini

A World of Mains

Ratatouille

Southern French-style vegetable stew served with rice.

600

Lentils with Smoked Pork

Served with rice.

620

Boeuf Bourguignon

Famous French beef in burgundy wine sauce served with rice.

660

Adobo

Traditional Filipino-style chicken stew served with rice and salad.

630

Moussaka

A Greek favorite made with eggplant, meat and cheese.

620

Quiche

Ask your waiter for details, we often have several types.

450

Quiche of the Day



Ratatouille



Lentils with Smoked Pork



Adobo



A World of Mains

Matapa with Crab 620
Traditional Mozambican cassava leaf stew with crab served with rice.

Koup Anfiam Wondo 650
Cameroonian-style chicken in peanut stew served with rice.

Café Sol Chilli 600
A full-flavored vegetarian chili served with rice and grated cheese.

Beef Lasagna 640

Vegetarian Lasagna 620



Vegetarian Lasagna

Matapa with Crab

Koup Anfiam Wondo

Café Sol Chilli
(Vegetarian Chilli)

Hamburgers

Hamburger	470
Cheeseburger	500
Veggie Burger	450
Burger with egg and cheese	520
Bacon Cheeseburger	580
Chicken Burger	470
Chicken Cheeseburger	500
Chicken Bacon Cheeseburger	580

** With an extra egg add 30 MTn

The Grill

Whole Grilled Chicken	800
Half Grilled Chicken	425
Prego Steak	400
Sirlon Steak (300g)	1100
2 Pork Chops	750
Café Sol Barbequed Pork Ribs With our special sweet and tangy sauce.	1000
T-bone Steak (500g)	1100

** All come with a small salad or fries



Viva Mexico!

Breakfast Burrito 490
Made with eggs, cheese and veggies wrapped in a tortilla, served with Café Sol salsa.

Chicken Burrito 590
Made with chicken, beans, rice and cheese wrapped in a tortilla, served with Café Sol salsa.

Beef Burrito 590
Made with ground beef in mild chili spices, rice, beans and cheese wrapped in a tortilla and served with Café Sol salsa.

Veggie Burrito 550
Made with beans, rice, cheese & veggies wrapped in a tortilla and served with Café Sol salsa.

Chicken Enchiladas 630
Baked tortillas stuffed with chicken, topped with cheese and a tomato sauce.

Vegetarian Black Bean Enchiladas 590
Baked tortillas stuffed with baked black beans topped with cheese and a tomato sauce.

Quesadilla 260
Mexican-style wheat tortilla with layers of cheese, pepper and tomato.
*With chicken add 60MT.

Mexican Tostada Salad 560
Super crispy corn tortilla topped with lettuce, tomato, green pepper and cucumber topped with ground beef and cheddar cheese served with a lime sauce.



At the End (or anytime!)

Chocolate Mousse With a touch of orange.	350
Fruit Salad	250
Fried Banana with Ice Cream	260
Ball of Ice Cream	230
Cheesecake	350
Waffle with Whipped Cream	280
Mud Slide Warm brownie with a scoop of ice cream and chocolate sauce.	350

Chocolate Mousse



Cheesecake



Waffle with Whipped Cream



Mud Slide



Cold and Wet!

Sparkling Water (Água das Pedras)	140
Water (500ml)	70
Water (1,5L)	125
Milkshake Chocolate, Strawberry, Vanilla and our most famous, Coffee.	325
Natural Fruit Juice (medium)	250
Natural fruit Juice (large)	300
Appetizer/Grappetizer	150
Ceres Juice Box 200ml	95
Soft Drink 330ml Coke, Fanta, Sprite, Tonic, Soda, Cappy	100
Red bull	195



Bottoms Up!

2M Draft Glass	100
2M Normal bottle	110
2M Txoti	85
Laurentina preta	120
Stella Artois	175
Heineken	175
Castle Light	175
Corona Normal bottle	175
Coronita	140
Savanna	175
Wine by the Glass (white)	250
Wine by the Glass (red)	260
Margarita Pitcher Classic mexican cocktail made from lime juice and tequila.	1300
Margarita Glass	325
Caipirinha	325
Caipirosca	325
Mojito	300
Piña Colada	390
Café Sol Spiced Gin and Tonic Gin and Tonic (Tanqueray or Bombay Sapphire) with orange and spices.	390

** Please ask your server about other wines, licors and cocktails we offer.



Mojito

Margarita

Caipirinha

Piña Colada

Café Sol Spiced
Gin and Tonic



**CAFÉ
SOL**

Our restaurant serves an eclectic variety of cakes, snacks, breakfast items, deserts and main dishes inspired from recipes from around the world, including Mexico, the United States, Mozambique, France, Italy, the Philippines, and many others!

Open from **7:30** to **22:00** every day.
At Café Sol, you can eat **breakfast, lunch, or dinner** at
any time of the day.

Also be sure to check out our **cocktails,**
our **Frozen Margarita** is **the best in town!**

Come Back Often!